



#### WHEN?

Sunday, October 10, 2010

Registration: 2:30 p.m.

Walk begins: 3:00 p.m.

#### WHERE?

Caring Hands Outreach Center

201 9<sup>th</sup> Street NE, Altoona

#### How do I Sign Up?

Contact Tom Felts @ 515-967-4382

Altoona Christian Church

[www.cropwalk.org](http://www.cropwalk.org)



## WHAT IS THE CROP WALK?

- **Communities Responding to Overcome Poverty** -

The Southeast Polk CROP Hunger Walk is a 5K (3.1 mile) community walk that raises funds to fight hunger. 25% of proceeds support Southeast Polk's Caring Hands, which houses it's own Food Pantry and Central Place's Clothes Hanger. 75% of proceeds support Church World Services to meet human needs and foster self-reliance in over 80 countries.

## WHAT DIFFERENCE DOES IT MAKE?

- \$72** can provide emergency food supplies for a family of five for a month.
- \$120** can enable three women to attend a literacy class for a year and change their lives forever.
- \$200** can provide a struggling farm family with a water buffalo to significantly increase their food production, as well as a strong back to carry product to market.
- \$350** can enable the eldest in a child-headed household of AIDS orphans to receive vocational training so they can support their siblings and themselves.
- \$1,050** can support community based health, hygiene and sanitation training for an entire community.

## WHO DO WE HELP?

CROP Hunger Walks help to support the overall ministry of Church World Service, especially the grassroots, hunger-fighting development efforts of partner agencies. CROP Hunger Walks help to provide tools of hope that empower people to meet their own needs. From seeds and tools, to wells and water systems, to technical training and micro-enterprise loans, the key is people working together to identify their own development priorities, their strengths and their needs -- something CWS has learned through some 61 years of working in partnership around the world. For more information on the services provided by Church World Service, please visit them online at [www.churchworldservice.org](http://www.churchworldservice.org).

In addition, each local CROP Hunger Walk can choose to return up to 25% of the funds it raises to local hunger-fighting programs. The Southeast Polk CROP Hunger Walk uses this money to support Caring Hands, which houses both the Christian Community Food Pantry and the Clothes Hanger.

**WE WALK BECAUSE THEY WALK**